



आरोग्य विभाग, जिल्हा परिषद पालघर

दुरध्वनी क्रमांक- ०२५२५-२०५४२०

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दिनांक :- 27/04/2023

थेट मुलाखत

विषय:-

आरोग्यवर्धिनी कार्यक्रम अंतर्गत सर्व प्राथमिक आरोग्य केंद्र, आरोग्यवर्धिनी केंद्र-उपकेंद्र व आयुष आरोग्यवर्धिनी केंद्रामध्ये योग सत्रे घेण्याकरीता योग प्रशिक्षक नेमणे करीता थेट मुलाखत आयोजित करण्यात आली आहे .

शैक्षणिक अर्हता :-

१) सोबत जोडलेल्या यादीतील विद्यापीठ/योग प्रशिक्षक संस्थेमधून नमुद केलेल्या अर्हते पैकी असावेत

मुलाखती द्वारे निवड झाल्यास खालील अटी व शर्तीच्या अधीन राहून सेवा पुरविण्यात यावे.


- १) योग इन्स्ट्रक्टर / योग प्रशिक्षक यांना योग सत्र घेण्यासाठी रु.५००/- प्रती योग सत्र, प्रती आठवडा, प्रती आरोग्यवर्धिनी केंद्र याप्रमाणे मानधन देण्यात येईल.
- २) शिक्षकाने / इन्स्ट्रक्टरने एक दिवसात दोन पेक्षा जास्त सत्र घेवू नयेत.
- ३) आरोग्यवर्धिनी केंद्रात योग सत्र आठवड्यातून एक दिवस आयोजित करावेत, त्यासाठी मोठ्या संख्येने नागरिक उपस्थित राहतील याची दक्षता घ्यावी.

थेट मुलाखती करीता, अर्ज व शैक्षणिक अर्हता बाबत कागदपत्रांची स्वयंसाक्षात्कीत करून थेट मुलाखतीच्या ठिकाणी उपस्थित रहावे.

थेट मुलाखत :-

ठिकाण :- ११६, जिल्हा आरोग्य अधिकारी कार्यालय,
जिल्हा परिषद इमारत, कोळगांव, ता व जि.पालघर

वेळ :- दर सोमवार सकाळी १०:०० वाजता


(डॉ.दयानंद सुर्यवंशी)
जिल्हा आरोग्य अधिकारी,
जिल्हा परिषद, पालघर

प्रत माहितीसाठी सविनय सादर :-

- १) मा.सहसंचालक आरोग्य सेवा, मुंबई
- २) मा.उपसंचालक आरोग्य सेवा, मुंबई मंडळ, ठाणे

List of Universities / Institutions Conducting Yoga Courses
(as per the details available on University / Institutional websites)

S. No.	State	University/ Institution	Type of University	Courses Offered	Mode of Course
1	Andhra Pradesh	Andhra University Visakhapatnam – 530003	State University	1. PG Diploma in Yoga 2. M.A. in Yoga & Consciousness	
2	Andhra Pradesh	Rashtriya Sanskrit Vidyapeeth Tirupati-517 507 A.P.	Deemed University	1. Acharya (M.A.) in Sankhya Yoga 2. PGD in Yoga Therapy and Stress management 3. PGD in Yoga Vijnana (Distance Mode)	
3	Bihar	Bihar School of Yoga		1. Course in Yoga Studies – 4 months 2. Certificate in Yoga Sci. & Life Style -3 months.	Regular
4	Chattisgarh	Gurukul University H-14, b/h. T.V. Tower, Anupam Nagar, Raipur-01, Chattisgarh		1. Diploma in Yoga & Naturopathy	Regular
5	Chhattisgarh	Pt. RavishankarShukla University, Amanaka G.E. Road, Raipur–492010	State University	1.M.A. Applied Philosophy & Yoga 2.P.G.D. in Yoga 3.Certificate Course in Yoga 1. B.Sc. (Yoga Science) – 3 yrs. 2. Diploma in Yoga Science – one year 3. Certificate Course in Yoga Science -3½ Mths 4. Certificate Course in Yogasana-3½ months 5. Certificate Course in Pranayama and Meditation - 3½ months 6. Foundation Course in Yoga Science – 1 Mth.	Regular
6	Delhi	Moraji Desai National Institute of Yoga, New Delhi			Regular
7	Gujarat	Bhavnagar University, Gaurishanker Lake Road, Bhavnagar - 364 022. Gujarat	State University	1. Diploma in Naturopathy & Yogic Science – 2 years 2. Diploma in Yoga – 1 year	Regular

8	Gujarat	Gujarat Ayurveda University, Jamnagar	State University	1. P.G.D. in Yoga & Naturopathy – one year 2. B.Sc. Yoga - three years 3. Certificate in Yoga and Naturopathy Therapies – 4 months (Full time) / 8 months (part time)	Regular
9	Gujarat	Gujarat University, Post Box No. 4010, Navrangpura, Ahmedabad – 380 009, Gujarat.	State University	1. Diploma in Yoga Education (SAP) – 1 year	Regular
10	Gujarat	Hemchandracharya North Gujarat University, P.B. No. 21, University Road, Patan- 384265	State University	1. Diploma in Yoga Education – 1 year	Regular
11	Haryana	Kurukshetra University, Kurukshetra Haryana, India Pin – 136119	State University	1. M.A. Music, Yoga & Health	Regular
12	Himachal Pradesh	Himachal Pradesh University, Shimla– 171005	State University	1. M. A. Diploma in Yoga Studies – two years 2. Diploma in Yoga Studies – one year	Regular
13	Jammu & Kashmir	University of Jammu BabasahebAmbedkar Road New Campus, Jammu (Tawi)	State University	1. Diploma Course in Yoga – one year 2. Diploma Course in Yoga – six months 3. Advance Certificate Course in Yoga- three months 4. Certificate Course in Yoga – three months	Regular
14	Karnataka	Karnatakuniv., Pavate Nagar, Dharwad-580 003, Karnataka State,	State University	1. P.G.D. in Yoga Studies – one year 2. Certificate Course in Yoga Studies – two years	Regular

15	Karnataka	Mangalore Univ., Mangalagangothri, Konaje - 574 199	State University	<ul style="list-style-type: none"> 1. M.Sc. Yogic Science – two years 2. P.G.D. in Yogic Sciences – one year 3. Certificate Course in Yogic Science – three months 	Regular
16	Karnataka	Swami Vivekananda Yoga AnusandhanaSamsthana No. 9, AppajappaAgrahara, Chamarajpet, Bangalore-560 018	Deemed University	<ul style="list-style-type: none"> 1. PhD Yoga – three years 2. M.D. Yoga & Rehabilitation – three years 3. M. Phil Counselling & Yoga Therapy – three years 4. M.A. Yoga, Journalism & Mass Communication – two years 5. M.Sc. Yoga Management – two years 6. M.Sc. Yoga & Consciousness – two years 7. M.Sc. Yoga Education – two years 8. M.Sc. Yoga – two years 9. PGD in Yoga Therapy for Doctors – one year 10. PGD in Yoga Therapy – one year 11. BNYS – 4 ½ years + 1 yr internship 12. B.A. Yoga & Journalism – 3 years 13. B.Sc. Yoga & Management - 3 years 14. B.Sc. Yoga & Consciousness – 3 years 15. B. Sc. Yoga Education – 3 years 16. B.Sc. Yoga – 3 years 17. Yoga Therapy Orientation Training For Doctors – 3 months 18. Yoga Teachers Training Course 1 month 19. Yoga Instructor Course – 1 month residential / 3 months non-residential 	Regular

17	Madhya Pradesh	Barkatullah Vishwavidyalaya, Bhopal Hoshangabad Road, BHOPAL- Madhya Pradesh	State University	1. M.Phil. in Yogic Science – 1 year 2. M.A/ M.Sc. in Human Consciousness & Yoga Science – 2 yrs. 3. P.G.D. in Stress Management (Yoga) – 1 years 4. P.G.D. in Yoga Therapy – 1 year 5. P.G.D. in Yogic Science – 1 year 6. Certificate in Yogic Science – 3 months	Regular
18	Madhya Pradesh	Dr. Harisingh Gour Vishwavidyalaya, Sagar, Madhya Pradesh-470 003	Central University	1. M.Sc. / M.A. Yoga- 2 years 2. B.A. Yoga- 3 years	Regular
19	Madhya Pradesh	Jiwaji University, Gwalior- 474011 (M.P.)	State University	1. P.G.D. in Yoga Therapy – 1 ½ years 2. Diploma in Yoga – 1 year 3. Certificate in Yoga – 6 weeks	Regular
20	Madhya Pradesh	Lakshmi Bai National Institute of Physical Education Mela Road, Shakti Nagar, Gwalior-474 002, M.P.	Deemed University	1. M.A. Yoga – two years 2. P.G.D. in Yoga & Alternative Therapy – 1 year	Regular
21	Madhya Pradesh	M.G. Gramodaya Vishwavidyalaya, Chitrakoot- 485331, Dist. Satna	State University	1. P.G.D. in Naturality & Yogic Science – 1 year 2. B.A. Human Consciousness & Yogic Sciences – 3 years	Regular
22	Madhya Pradesh	Rani Durgavati Vishwavidyalaya, Saraswati Vihar, Pachpedi, Jabalpur (M.P.) PIN 482 001	State University	1. M.A. Human Consciousness & Yogic Sciences 2. P.G.D. in Yoga 3. Certificate Course in Yoga	Regular

23	Maharashtra	Kaivalyadhama, Lonavla, Pune		<ul style="list-style-type: none"> 1. P.G.D. Yoga Therapy – 1 ½ years 2. P.G.D. in Yoga Education – 1 year 3. Advanced Teacher Training Course – 1 month 4. Certificate Course in Yoga – 6 weeks 5. Certificate Course in Traditional Texts in Yoga- 21 days 6. Certificate Course for Yoga Teachers SPA Therapies – 21 days 7. Basic Course in Yoga and Ayurveda – 21 days 	Regular
24	Maharashtra	North Maharashtra University, Jalgaon-425 001.	State University	<ul style="list-style-type: none"> 1. Vocational Yogic Foundation Course 	
25	Maharashtra	Ramamanyengar Memorial Yoga Institute, Pune		<ul style="list-style-type: none"> Various training programmes based on Yoga 	
26	Maharashtra	SantGadge Baba Amravati University, Amravati-444602	State University	<ul style="list-style-type: none"> 1. P.G.D. in Yoga Therapy – 1 year 2. Diploma in Yoga Education 	Regular
27	Maharashtra	The Yoga Institute, Santacruz, Mumbai		<ul style="list-style-type: none"> 1. Teachers Training Course – 1 year 2. Teachers Training Course – 7 months 3. Comprehensive Teachers Training Course – 3 months 4. Teachers Training Course (TTC) – 1 month 	Regular
28	Maharashtra	University of Mumbai, Mumbai-400032	State University	<ul style="list-style-type: none"> 1. Advance Diploma in Yoga 2. Diploma in Yogic Education 3. Certificate in Yoga 	
29	Maharashtra	YashwantRaoChavan Maharashtra Open University, Nashik-422 222, M.S.	State University	<ul style="list-style-type: none"> 1. Diploma in Yoga Sikshak (Distance Mode) – one year 	

30	Odisha	Indian Institute of Yogic Science & Research, Bhubneshwar, Odisha		1. Master Degree in Yoga – 2 years 2. Yoga Teachers Training Course – 1 month	Regular
31	Odisha	Utkal University, Bhubaneswar-751 004.	State University	1. P.G.D. in Yoga Education – 1 year	Regular
32	Rajasthan	Jai Narain Vyas University, Bhagatki Kothi, Pali Road, Jodhpur	State University	1. Diploma in Yoga Education – 1 year	
33	Rajasthan	Maharishi Dayanand Saraswati University, Ajmer-305009, Rajasthan	State University	1. Diploma in Yoga Science – 2 years 2. Certificate Course in Yogic Science – 1 year 3. Yoga Instructor Certificate Course – 6 months 4. Yoga Therapy for Ailments – 2 months	
34	Tamilnadu	Alagappa University, Alagappa Nagar, Karaikudi-630003, T.N.	State University	1. P.G.D in Yoga – 1 year	Regular
35	Tamilnadu	Annamalai University, Annamalainagar-608 002	State University	1. M.Sc. Yoga – 1 year (part time) 2. P.G.D. in Yoga – 1 year (Part time) 3. Diploma in Yoga - 1 year (part time)	
36	Tamilnadu	Krishnamacharya Yoga Mandiram, Chennai		1. International Yoga Teachers Training Programme – 2 years	
37	Tamilnadu	Tamilnadu Physical Education & Sports University, Chennai	State University	1. M.Sc. Yoga Therapy – 2 years 2. B.Sc. Yoga – 3 years	Distance Distance
38	Tamilnadu	M.S. University, Thirunelveli	State University	1. M.Sc. Yoga – 2 years 2. PG Diploma in Yoga – 1 year 2. B.Sc. Yoga – 3 years	Distance Distance Distance
39	Tamilnadu	Bharathidasan University, Trichy	State University	1. M.Sc. Yoga – 2 years 2. PG Diploma – 1 year	Regular Regular
40	Tamilnadu	Bharathiyar University, Coimbatore	State University	1. M.A. Yoga – 2 years 2. B.A. Yoga – 3 years	Distance Distance

41	Tamilnadu	Tamil University, Tanjore	State University	1. M.A. Yoga – 2 years 2. B.A. Yoga – 3 years	Distance Distance
42	Tamilnadu	University of Madras		1. M.A. Yoga – 2 years 2. B.A. Yoga – 3 years	Distance Distance
43	Uttar Pradesh	Banaras Hindu University, Varanasi, 221 005, U.P.	Central University	1. Diploma in Naturopathy & Yoga Therapy – 2 ½ years	Regular
44	Uttar Pradesh	Dr. B.R. Ambedkar University, Agra-282 004	State University	1. Diploma in Yoga Education – 1 year	Regular
45	Uttar Pradesh	University of Lucknow, Lucknow-226 007	State University	1. M.A. Yoga – 2 years 2. P.G.D. Naturopathic Science & Yoga- 1 year	Regular
46	Uttar Pradesh	M.J.P.Rohilkhand University, Bareilly-243 006	State University	1. P.G.D. in Yoga – 1 year	
47	Uttar Pradesh	Dr Ram ManoharLohiaAwadh University, Faizabad-224 001	State University	1. P.G.D. in Yoga Therapy – 1 year	Regular
48	Uttarakhand	Dev Sanskrit Vishwavidyalaya Gayatrikunj, Shantikunj Haridwar-249 411 (U.K.)	Private University	1. M.A. Applied Yoga & Human Excellence – 2 years 2. M.Sc. Yogic Sciences & Holistic Health – 2 years 3. P.G.D. in Yoga Vijnana -1 year 4. P.G.D. in Human Consciousness & Yoga Therapy – 1 year 5. Foundation Course in Yogic Science (Distance Mode) – six months 6. Certificate Course in Yoga & Alternative Therapy – six months 7. B.Sc. Yoga – 3 years 8. B.A. Yoga – 3 years	Regular

49	Uttarakhand	GurukulKangriVishwavidyalaya Haridwar-249 404 Uttrakhand.	Deemed University	<ol style="list-style-type: none"> 1. M.A./M.Sc. in Human Consciousness & Yogic Sci. -2 years 2. P.G.D. in Human Consciousness & Yogic Sciences – 1 year 3. B.A./B.Sc. Yoga – 3 years 4. Diploma in Yoga Sciences (Distance Mode) 5. Certificate Course in Yoga – 6 months 	Regular
50	Uttarakhand	HemwatiNandanBahugunaGarhwal University, Srinagar, Garhwal- 246174	Central University	<ol style="list-style-type: none"> 1. M.A. Yoga & Alternative Therapies – 2 years 2. P.G.D. in Yogic Science – 1 year 3. Certificate Course in Yoga – 1 month 	Regular
51	West Bengal	Jadavpur University, Calcutta-700 032, W.B.	State University	<ol style="list-style-type: none"> 1. P.G.D. in Yoga Therapy – 2 years 	Regular